

Winter Rhymes and Activities

I'm a Little Snowflake

I'm a little snowflake, small and white.
When the moon is shining
I'm sparkly and bright.
When you see me falling,
Come out and play.
You can make a snowman with me today.



I'm a Little Snowman

I'm a little Snowman, round and fat,
I've got a woolly scarf
and a little bobble hat.
When the snow is falling,
Come out and play.
You can make a snowman with me today.

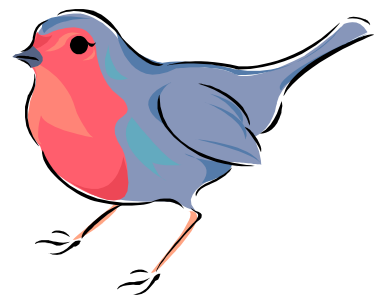


Little Robin Redbreast

Little Robin Redbreast
Sat upon a rail.
Niddle, naddle went his head;
Wiggle, waggle went his tail.

Little Robin Redbreast sat upon a tree,
Up went pussy cat, and down went he!
Down came pussy, and away Robin ran;
Says little Robin Redbreast, "Catch me if you can!"

Little Robin Redbreast jumped upon a wall,
Pussy cat jumped after him, and almost got a fall!
Little Robin chirped and sang, and what did pussy say?
Pussy cat said, "Mew," and Robin jumped away.



Bird Cake

You will need:

Dripping or Lard
Wild bird seed
Apple
Bread
Old yoghurt pot or plastic drinking cup
Piece of string about 50 cm long

Carefully pierce a hole in the bottom of either the yoghurt pot or drinking cup, (whichever you are using), and thread part of the string through so that there is a enough left poking through the bottom to tie into a big enough knot that won't go back up through the hole when tugged gently

Chop up the apple and the bread into smallish pieces and put to one side. In a heavy based saucepan melt the dripping or lard, as soon as it is liquid remove from the heat and start to add some of the bird seed, apple and bread. Make sure that there is a good proportion of fat to seed etc, otherwise the cake is too crumbly. When you feel the mixture is the right consistency fill up the pot or cup keeping the string reasonably upright. When the pot is full there may be a pool of fat on the top, just sprinkle on some extra seed.

You may get some drips of fat out of the hole in the bottom of the pot, to stop this plunge the pot half way up in cold water, this solidifies the fat.

When cold, hang the cake out in the garden, you can leave the pot on or carefully cut and peel it off.

Pierce a hole in the bottom of either the yoghurt pot or cup and thread the string through tying a large enough knot so that it won't go back through the hole.



Playdough Recipe 1

3 Cups of Plain Flour
3 Cups of Water with added colouring of your choice
1½ Cups of Salt
3 Tablespoons of cooking oil
6 Teaspoons of Cream of Tartar

Method

Put all ingredients into a saucepan, and stir while cooking over a medium heat until the desired consistency is obtained.

(Keeps well in an air tight container - not fridge)

Playdough Recipe 2

2 Cups of Plain Flour
½ Cup of Salt
1 Cup of water (with added colouring of your choice)
1 Tablespoon of cooking oil
1 Tablespoon of Hand Lotion

Method

Mix flour and salt together.

Add hand lotion, oil and water. Mix well and knead until dough is smooth.

(This is a pliable pleasant-smelling dough which keeps well)

Salt Dough Recipe

16 Tablespoons of Plain White Flour
8 Tablespoons of Salt
16 Tablespoons of cold water

Method

Mix the flour and the salt together and then stir in the water. Knead the dough together adding small drops of extra water if necessary to make a smooth but not sticky dough.

Once the dough has come together turn it out onto a flat surface and continue to knead it for about 10 minutes by which time the dough should be warm, soft and pliable.